

THE MONITOR NEWS

VOL. 3

MONITOR, ALBERTA, FRIDAY, AUGUST 2nd, 1918.

NO. 36

? **COAL** ?

Stock up Now

Two carloads of the best

Brazeau Coal

Just arrived Order quick

**McLaughlin
Buggies**

J. A. Hayes & Sons

We sell the Best

LUMBER

and all kinds of

BUILDING MATERIAL

Stock of Good Coal on hand

LIME BRICK FENCE POSTS

BEAVER LUMBER CO. Ltd.

**Fresh & Cured
MEAT**

Canned Goods Fruits Vegetables
Hams Bacon Bologna Sausage
Monitor Meat Market

Canada Food Board No. 9-2495

RED CROSS

July 26 th. Members present 11. Work handed in: Mrs. Purdy 10 pillow slips, Mrs. Tarr 1 doz handkerchiefs, Mrs. Deadmarsh 5 pairs socks, Mrs. Grayburn 1 pair socks. Work finished at meeting: 72 handkerchiefs.

Mrs. A. Grace and children returned from Calgary, last night.

E. W. Davis and A Christenson motored to Camrose, this week.

The Big Hall has been given a coat of plaster, and will be further fixed up on the inside. These improvements will go a long way towards making the Hall more comfortable during the winter.

The Billiard Hall has been re-decorated on the outside.

Mrs. Bartley, Castor, was a visitor at the home of Mrs. A. H. Garries.

The strike of the post-office employees is ended and the men went back to work again yesterday.

The Food Board's restriction on the eating of pork has been removed.

**The Opening Dance Of The
MONITOR BAND HALL**
(Formerly Orange Hall)

will be held on
Friday, August 9th
Dancing at 9 o'clock sharp

Good Floor Popular Music
The dance is free to all, so come early and enjoy an evening of recreation, forgetting the drought and the frost
Everybody Welcome

Mowers - - DEERING - - Mowers

Get your order in now for a giant DEERING mower. They are light running and long lasting. Ask the man who uses the DEERING.

BEST BY TEST

All makes of plow shares

**If it is anything in the Machinery Line
We Have It**

Hardwood of all kinds Gasoline Auto, Gas Engine and Machine Oils Hard Oil and Axle Grease

Garries Implement Co.

Allied Offensive Has Quieted Down

After taking the offensive for 14 days, in the Soissons-Rheims salient, there is now a lull in the allied drive.

Sounding Lake U. F. A.

The general meeting of the above Union will be held in the Hillanville School on Saturday August 24th, at 8 p. m. All members are requested to attend.

Postponement Notice Re School Assessment

Owing to the unavoidable absence of H. McCarron, and the resignation of W. S. McCulloch, the Court of Revision will sit on Tuesday evening Aug. 6th, instead of Monday, as previously advertised.
J. Hamer Chairman

Monitor, July 27th, 1918.
To the Anglican Congregation in the Creek Valley District.
My Dear Friends:

In order to avoid the two Sunday Services coming on the same day at the Creek Valley School, I am re-arranging my other outlying Services. I shall hold Divine Service at Creek Valley on alternate Sundays re-commencing on Sun. Aug. 25, at 2:30 I shall be away at Synod on Aug. 11. With all good wishes, yours faithfully,
Rev. W. S. Wickenden

Sounding Lake Horse Association

A meeting of the above will be held in the Horse Shoe School on Monday evening, Aug. 5th, at 8 o'clock. This is the final meeting, and the money on hand will be divided among the various members.

Town Council

REEVE
W. H. Olson
COUNCILLORS
H. J. McGirr W. G. MacKenzie
A. H. Garries Sec-Treas.
Council meets 1st Monday each month

School Board

J. Hamer Chairman
H. McCarron
W. G. MacKenzie Sec-Treas.

CHURCH OF ENGLAND.

REV. W. S. WICKENDEN, B.A., L.T.H.
PASTOR.

Service every Sunday
11 at a. m.
A hearty invitation to all services
Books provided.

Boy Scouts, every Tues. & Fri. 7 to 8
Children's Service, weekly, Fri. at 3.30
Choir Practice Fridays at 8.15

Sunday Services

Co-Operation:
Presbyterian and Methodist

Horse Shoe 11 a. m.
Creek Valley 3 p.m.
Monitor 7.30 p. m.
Monitor Sunday School . 10 a.m.
REV. S. B. McVAY

Kirriemuir Mission Union Services

Kirriemuir Every Sunday
Sunday School 11 am.
Service 8 p.m.
Gregerson Every Sunday
Service 3 p.m.

Rev. W. H. Day, Kirriemuir

W. G. MacKENZIE

Barriater, Solicitor Notary Public
Money to Loan
MONITOR ALBERTA

Notary Public Conveyancing
W. S. McCULLOCH

Real Estate
Money to Loan Insurance
Monitor, Alberta

DR. BUGGINS DENTIST

Specialist in Crown and Bridge
Work
Office 3 doors south of Drug
Store Monitor.

CRAMER & GARRIES

Are the Auctioneers
to Cry Your Sale
Terms Reasonable
Satisfaction Guaranteed
MONITOR ALTA.

The Monitor News

PUBLISHED EVERY FRIDAY

W. S. McCULLOCH
EDITOR and PUBLISHER

Subscription Rates

Canada \$1.00 per year, Foreign \$1.50
per year in advance.

Advertising Rates

For Sale, Lost and Strayed—Not
exceeding one inch space, 50¢ for first
insertion, or 3 for \$1.00.

Transient advertisements—50 cents
per inch, in advance.

All changes of advertisements must
reach this office by Tuesday noon.

FRIDAY, AUGUST the 2nd, 1918

Note and Comment

The live stock in the countries
of the Allies in Europe has been
decreased by 46,000,000 head,
since the beginning of the war.
In France 45% of the hogs and
35% of the sheep have been
killed. It is estimated by
French officials that French live
stock cannot be restored to the
pre-war basis until from five to
ten years after the war.

One of Providence's kindest
dispensations is fixing it so that
a man can be just as happy
over feeling important as real-
ly being so.

The question of where to go
for a holiday is snowed under
by the problem of how to get
the money for it. Wife wants
the dough to can fruit, the coal
dealer asks for the needful be-
fore he will deliver the coal,
and the other merchants have
a lien on the kale which is im-
possible to ignore, and the
machine collector is camping in
the front yard. Looks as if a
good many holidays will be
spent in the back yard garden.

Allied Europe depends upon
this continent for 50% of its
food supply. After the war a
large proportion of this de-
mand will continue. The whole
world is short of food-stuffs,
and the live stock population
has been decreased alarmingly.
Russia has been socially dis-
organized, and is not producing
enough to feed herself. In
Europe today 400,000,000 people
are short of food, and one-third
of the world's population is
now on short rations.

Farmers of Canada will have
an export market for years,
such as for which they have
never dreamed.

The strike of the letter car-
riers and other postal employ-
ees is certainly playing hob-
s with the mail system. But it
serves one good purpose in that
it saves a great many of us a
lot of time and worry in not
having a bunch of "duns" to
bother with.

It begins to look like this Al-
lies have got the kaiser looking
at his hole card. He holds a
bobtail flush and has only one
more draw coming. Uncle Sam
is dealing, too.

The Brass Band is having the
old Orange Hall fixed up and
remodeled and will use it for
band practice, etc. It is the
intention of the band boys to
hold a dance each month dur-
ing the winter months. The
Band has been engaged for the
two days of the Fair, at Cor-
onation, this month.

W. R. FORBES
AUCTIONEER
Box 118, KIRRIEMUIR
Sales Cried Anywhere In
The Province
Satisfaction Guaranteed

STONELAW U. F. A.

Stonelaw Union meets 1st
Saturday of each month, dur-
ing the summer, at 8 p. m.

Star Restaurant

Charlie Yee Prop.

ICE CREAM and
CONFECTIONERY

Meals at all Hours

Fruit, Cigars and
Soft Drinks

Canada Food Board No. 10-757

NOW is the Time to Brighten
Up your home

**PAINTING
AND
DECORATING**

PAPER-HANGING

- Estimates Given -

E. KROPUENSKE
MONITOR

Monitor Laundry

First Class Work
Guaranteed

Sam Lee : Jim Woo

HONOR ROLL OF MONITOR VOLUNTEERS

Names of those who enlisted
from this district:

Anderson Roy

Bain T.

Bentson Wain *

Beesley J. O.

Brocklesby J. W.

Bryans R. T.

Blackley C. E.

Blackley C. W.

Buckway Matt

Crisp Charley

Collier

Clark R.

Connah J. A.

Cutts George

Cross Jack

Connell Dave

Connell Ralph

Cunningham L. C.

Cresswell J.

Deacon Frank

Deacon Albert

Deacon Fred

Duncan F.

Duncan H.

Duncan D.

Edwards Bob.

Evans L.

Filephak Carl

Ford J. L. O.

Frazer S.

Fisher Ivan *

Gardner Cecil W. *

Gillespie J.

Goodman Carl

Greenbank R. *

Harrison R. J. *

Hylund W.

Hurvey J.

Herity Fred

Henessey A.

Hayes Lyle

Harrison C. W.

Hermison C.

Johnson Harvey

Johnson, Harry S.

Kay Jeff. W.

King D. S.

LaDuke Jas.

Liknes S.

Livingston Robert

Lyons Fred

McDonald Norman

McDonald Hugh

Martin Thomas

McNish J. T.

McCulloch Jas. A.

McCulloch H. G.

McTavish Jack

McNair Andy

Moore J. W.

Munson John *

Mitts J.

Melvin Milo

Noad J. S.

Osborne John

Palmer Bill *

Palmer George

Purdy Walter *

Piper E. H.

Plumb Martin

Read S. J.

Ryckman Gilbert

Robson S.

Rogers N. R.

Saski Nick

Saski P.

Spencer W. A.

Shannon Alvin

Smith Alex

Stewart (Pat) Claude

Smith Marion

Sinclair Archie

Tchanko Jack

Walker A. E.

Wright J. L.

Whitney Phillip

Whitney George

Walker R. L.

WHEN FOOD IS WASTED:



WHEN TOO MUCH IS
SERVED AT ONE MEAL



WHEN WHAT FLOUR, BEEF AND
BACON ARE USED RATHER THAN
NON-ESSENTIAL SUBSTITUTES



WHEN FOOD IS ALLOWED
TO SPOIL IN THE HOME



WHEN FOOD WHICH COULD BE EATEN IS
THROWN INTO THE GARBAGE PAIL



WHEN FOOD IS CARELESSLY
PARSED OR TRIMMED

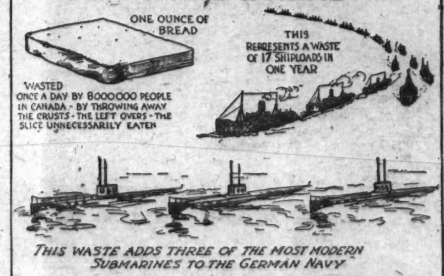


WHEN FOOD IS CARELESSLY
OR IMPROPERLY COOKED

FOOD IS WASTED WHEN THE BEST POSSIBLE USE FOR THE
WINNING OF THE WAR IS NOT MADE OF EVERY PARTICLE OF IT

Insure your
Farm Buildings & Live Stock
with the
Wawanesa Mutual Ins. Co.
RATES \$1.20 per hundred
W. S. McCulloch Agent

SAVE THE BREAD:



ONE OUNCE OF
BREAD
WASTED
ONCE A DAY BY 800,000 PEOPLE
IN CANADA - BY THROWING AWAY
THE CRUSTS - THE LEFT OVERS - THE
JUICE UNNECESSARILY EATEN

THIS
REPRESENTS A WASTE
OF 17 SHIPLOADS IN
ONE YEAR

THIS WASTE ADDS THREE OF THE MOST MODERN
SUBMARINES TO THE GERMAN NAVY

Dr. Donald A. McMaster,
VETERINARY SURGEON.
Graduate of Ontario Veterinary Coll.
Registered in Alberta.
Member of A.V.M.A.
Treatment of Diseases of Horses
and Cattle and Domestic Animals.
MONITOR, ALTA.

W. S. McCULLOCH
Issuer of
Marriage Licenses

MONITOR: ALTA.

Germany's Labor Army

German Military Authorities Lay Stress on Value of Their Prisoners

"Our growing labor army," is the description applied by the Germans to their prisoners of war. According to a communiqué in the latest Berlin papers, Germany and her vassals between them now hold 3,575,000 prisoners. For the first time the German military authorities lay stress on the supreme value of their prisoners as man-power for industry and agriculture. They are so numerous, it is asserted, that they go far towards compensating Germany for the men she has had to withdraw from peaceful pursuits for active military service. "The longer the war lasts," the communiqué adds, "the more adaptable these prisoners become to the work assigned them, and the more useful to us."

Huna has a majestic awe of big figures. Thus it is explained for their edification that the "labor army" in prisoner camps is numerically greater than the whole male working-class population of Denmark, Norway, and Sweden combined, and is equivalent to one-fifth of the total number of working men in Germany before the war.

Worms in children work havoc. These pests attack the tender lining of the intestines and, if left to pursue their ravages undisturbed, will ultimately perforate the wall, because these worms are of the hook variety that cling to and feed upon interior surfaces. Miller's Worm Powders will not only exterminate these worms, of whatever variety, but will serve to repair the injury they have done.

On the one hand we are told to buy our clothes now if we do not want to pay treble prices next season, and on the other we are asked to wear our old clothes until the war is over. In this way we are between the Kaiser and the deep sea.—Hamilton Times.

Minard's Liniment Cures Diphtheria.

Escape from Germany
A German non-commissioned officer and his wife have reached Moon, a Danish island in the Baltic Sea. They made their escape from Germany in a small boat. The couple have been interned as have other German deserters, until an investigation has been made.

Avoid Harsh Pills! Doctors Condemn Them

Most Pills unfortunately are harsh and drastic; they cause indigestion, constipation, and other ailments. Rather like nature is the way a pill should act, mildly but effectively. Science has established nothing more satisfactory as a family pill than the old reliable pills of Dr. Hamilton's which for forty years have had a premier place in America. Dr. Hamilton's Pills are a family pill that the old reliable pills of Dr. Hamilton's which for forty years have had a premier place in America. Dr. Hamilton's Pills are a family pill that the old reliable pills of Dr. Hamilton's which for forty years have had a premier place in America.

Children in Germany Starve
Germany, although attacking on the western front, is starving, says The Echo de Paris. An article appearing in The Berlin Arbeiter Zeitung relates the details of six children who died in an orphanage at Zenofort, Thuringia. The orphanage was found to have been ransacked by its starving inmates, and the children, who had been placed there by their parents, were found dead. Prof. Franz E. Hein, the widely-known economist, writing in the Bayerischer Zeitung, of Munich, warns the Germans that the coming weeks will be harder than any that have passed and processes to foresee a general paralysis in the supply of wheat.

The Farm is Safe

The One Industry That Is Always Safe to Follow
The world fever makes it so. Business is abnormal and sub-normal. Some industry is at high speed and other at low tide. Prices levels have mounted high. Wages have climbed to dizzy heights, in shop, factory and furnace. The reaction is as sure as nature's law that day follows night. After the war, what will the fever leave the patient emaciated and lean? Will city industry be hit and hurt? To a large extent—yes. The one industry that is always safe to follow is the husbandry of the farm. When war has had its way and waste, nations will turn instinctively to the soil as the source of natural wealth and prosperity. The fires of many furnaces will die out. Countless chimneys will cease to vomit smoke. The makers of machinery and munitions of war will languish and cease to fatten.—The Toledo Blade.

For Hair and Skin Health Cuticura is Supreme

If you use Cuticura Soap for everyday toilet purposes, with touches of Cuticura Ointment now and then as needed to soothe and heal the first pimples, redness, roughness or scalp irritation you will have as clear a complexion and as good hair as it is possible to have.

Sample Each Free. Address post: CUTICURA, Dept. N, Boston, U.S.A. Sold by dealers throughout the world.

Reach High Mark

Western Canada School Lands Sell for \$7.50 an Acre

High prices continue to mark the sales of school lands that are taking place in Western Canada. At Des Moines, Saskatchewan, one parcel sold for \$7.50 an acre. Forty-four other parcels out of 93 sold, brought more than \$30 an acre each.

At a sale held at Strassburg, Saskatchewan, 122 parcels were disposed of, 85 of them at prices ranging from \$20 to \$64 an acre. At Lumsden, Saskatchewan, and Foremost, Alberta, sales have also been held and parcels were sold at prices up to \$50 per acre.

These are high prices for raw land in Western Canada. Most of the parcels were, however, purchased by residents of the respective districts, and knowing the producing power of the land, they consider they have good value. As a result of these sales, considerable uncultivated land will be prepared for next year's crop.

Hard and soft corns both yield to Holloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

Impatience

The Allies Have Got a Big Job Ahead of Them
Senator Overman said the other day:

"Don't be impatient about the slowness of the world war. The allies have got a big job ahead of them, and it will take them a long, long time to finish it. Impatience, then, is absurd."

"Yes, it's as absurd as the urchin who was started off for school at the age of seven, and on arriving at home at the end of the first day seized a news- paper eagerly and turned to the comic page."

"The urchin studied the comic page intently, then he tossed it down and said in a disgusted voice: 'That's no good of a school!'"

"Why do you say that, dear?" his mother asked.

"Here I've been going to it a whole day," he answered, "and ain't learned to read yet!"

CONSTIPATED CHILDREN

Childhood constipation can be quickly banished through the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative which never fail to regulate the bowels, soothe the stomach and in this way relieve all the minor ills of little ones. Concerning them Mr. Eugene Couture, Knox Bridge, Quebec, writes: "Baby's Own Tablets have been marvellous in the case of my baby. She was constipated and feverish but the Tablets soon regulated her bowels and made her well." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Voice at a Discount

Fred—There seems to be a lot more fuss made over Miss A's singing than over Miss B's and I'm sure Miss B has the richer voice.
Tom—Ah, but Miss A has the richer father.—Boston Transcript.

DR. WILLIAMS' PINK PILLS FOR PALE PEOPLE
CURES RHEUMATISM, BRUISES, BACKEACHES, DIABETES, GRAVEL, ETC.
"I feel like a new man."—The Prince of Wales.

Enemy Promised Great Plunder

Rich Countryside Held Up as Compensation for Hardships

Plunder of Paris and looted from the rich countryside were some of the promises made to the German soldiers by the high command before the offensive of June 9, according to an official despatch from France.

A German deserter related how the officers during the rest which preceded the attack painted a glowing picture of the advantages of an advance in a rich country where the men could live in abundance and recompense themselves for their hardships. He said measures were taken to guarantee and apportion the plunder, but soldier were warned that there was to be no renewal among the guards of the regrettable incidents of Villers-Bretonneux, where the valiant guards of this division, breaking into the cellars, became so intoxicated that they refused to follow their officers. Before the attacks the commander of the guards complained that reserve regiments were sent into the front line, and so would have first choice at the loot of Paris.

DOUGLAS' INFANT TABLETS
Cures Worms, Stomach & Teething Troubles
FOR BABIES AND SMALL CHILDREN
Contains no harmful drugs. 25c per box or 5 boxes by mail on receipt of \$1.00.
Douglas & Co., Nanpanee, Ont.

Nearly Five Millions Have Starved

It has been estimated up to a recent period that 4,700,000 people in Europe have been starved to death since the beginning of the war. Unless the 1918 harvest is saved starvation will become general throughout Europe and the suffering among the civilian populations of our allies unprecedented in the history of the world.

**YES! MAGICALLY!
CORN LIFT OUT
WITH FINGERS**

You say to the drug store man, "Give me a small bottle of freestone." This will cost very little but will positively remove every hard or soft corn or callus from one's feet.

A few drops of this new ether compound applied directly upon a tender, aching corn, relieves the soreness instantly, and soon the entire corn or callus, root and all, dries up and can be lifted off with the fingers.

This new way to rid one's feet of corns was introduced by a Cincinnati man who says that freestone dries a moment, and simply shrivels up the corn or callus without irritating the surrounding skin.

Don't let father die of infection or lockjaw from whitening at his corns, but clip this out and make him try it.

If you druggist hasn't any freestone tell him to order a small bottle from his wholesale drug house for you.

Don't Want to Fight

A good story is told of one of our air pilots, who was disgusted by the refusal of the German pilots to accept combat. He flew over an aerodrome quite low and dropped a parcel.

A few minutes later he swooped down, and, as he expected, saw a number of Germans examining the parcel. He let two bombs fall and fired 100 cartridges into them before he flew away.

What they found in the parcel was a pair of boots, and with them this note: "If you won't come up here and fight, herewith is one pair of boots for your ground."

Like a Grip at the Throat. For a disease that is not classed as fatal there is probably none which causes more terrible suffering than asthma. Sleep is impossible, the sufferer becomes exhausted and finally, though the attack passes, is left with an unceasing dread of its return. Dr. J. D. Kellogg's Asthma Remedy is a wonderful curative agent. It immediately relieves the restricted air passages as thousands can testify. It is sold by dealers everywhere.

Still Here

In Chicago they tell a story of a sick man who had just emerged from a long delirium.
"Where am I?" he asked, very feebly. He felt the loving hands making him comfortable. "Where am I?" In heaven?"
"No, dearie," said his wife gently. "I am still with you."—Vancouver Province.

Economy

Husband—Have you done your best to economize this month, Mary, as I requested?
Wife (brightly)—Oh, yes; I spoke to the grocer, the butcher and the landlord, and got them to put off sending in their bills till next month.
—Stray Stories.

**SMOKE TUCKETS
ORINOCO**
CUT FINE FOR CIGARETTES

COOK'S COTTON ROOT COMPOUND
A safe, reliable, regulating medicine. Sold in three days of strength. No. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

THE NEW FRENCH REMEDY
Used in French hospitals, cures chronic diseases, cures skin diseases, cures rheumatism, cures gout, cures sciatica, cures neuralgia, cures headache, cures toothache, cures earache, cures eyeache, cures noseache, cures throatache, cures chestache, cures stomachache, cures backache, cures legache, cures armache, cures neckache, cures shoulderache, cures hipache, cures kneeache, cures ankleache, cures footache, cures handache, cures faceache, cures earache, cures eyeache, cures noseache, cures throatache, cures chestache, cures stomachache, cures backache, cures legache, cures armache, cures neckache, cures shoulderache, cures hipache, cures kneeache, cures ankleache, cures footache, cures handache, cures faceache.

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MONEY ORDERS
Buy your out of town supplies with Dominion Express Money Orders. Five dollars each three cents.

The Kaiser's Gratitude

The Kaiser is "filled with the most profound gratitude to God's mercy." No man needs more. It is characteristic of something much resembling mental desequilibrium that it is "amid my armies" that he feels this profound gratitude to God's mercy. Thank God, his armies are left, so far, and his fleet is spared as long as he keeps it from coming out.—New York Times.

State of Ohio, City of Toledo, Lucas County, ss.
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every copy of certain that cannot be cured by the use of HALL'S CATARRH.

FRANK J. CHENEY.
Subscribed to before me and subscribed in my presence, this 6th day of December, 1917.
A. W. GLEASON,
Notary Public.

Hall's Catarrh Cure is taken internally and acts through the blood on the mucous surfaces of the System. Send for testimonials free.
F. J. CHENEY & CO., Toledo, O.
Hall's Family Pills for constipation.

A Fifty-fifty Irishman

In his book, "From Gallipoli to Bagdad," "Padraic" William Ewing tells the story of a fifty Irishman brought into the field-hospital suffering from many wounds.

"What's the matter with you?" asked the doctor.
"Sure, I'm half an Irishman and half a doctor."
"And what's the other half?"
"Holes and bandages."—Pittsburg Chronicle-Telegraph.

The first knitting needles were clumsy ones, made of wire, and they were known in England in 1551.

There is Beauty in Every Jar
MILKWEED CREAM
"There is Beauty in Every Jar"
Ingram's Milkweed Cream
MADE IN AMERICA
FACED BY INGRAM'S
FACED BY INGRAM'S

Ingram's Milkweed Cream
When youth takes flight on the wings of years beauty of complexion goes too, unless you give your skin proper and daily care. Use of Ingram's Milkweed Cream will enable you to appear youthful when you are no longer young. Its distinctive remedial effect upon the tissues of the skin keeps the complexion colorful, soft and free from blemish. It does actually "beautify" and "beautify" your complexion. Since 1885 there's been nothing else "just as good." Take no other. Two sizes, 50c and \$1.00.

Ingram's Milkweed Cream
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Private Ross
Borrowed an AutoStop from his chum—He used it once and immediately wrote home for one.
Don't wait for a request from your soldier boy—include an AutoStop in your next Overseas package.
Remember, that the AutoStop is the only razor he can absolutely depend on—because of its self-sharpening feature it is always ready for service.
Price \$5.00
At leading stores everywhere
AutoStop Safety Razor Co.
Limited
83-87 Duke Street,
Toronto, Ont.

B. C. Fruit Co.
British Columbia fruit on the prairie this year is going to command a somewhat higher price than usual, according to reports that are brought back from the fruit districts by R. J. C. Stead, who has just returned from Kelowna. In many instances the buyers have covered the ground and boxes of apples have been bought on the spot in some places at a price as high as \$2.25. The production of tomatoes has been given aid this year by the overhauling and opening of a large sized canner at Kelowna with a capacity of 60 cans per minute.
Punctuation marks were first used in 1490.
Slow rivers run four miles an hour.

Women, Prepare!
Thousands of women in Canada have overcome their sufferings, and have been cured of woman's ills by Dr. Pierce's Favorite Prescription. This temperance medicine, though started nearly half a century ago, sells most widely to-day. It can now be had in tablet form as well as liquid, and every woman who suffers from backache, headache, nervousness, should take this "Prescription" of Dr. Pierce's. It is prepared from nature's roots and herbs and does not contain a particle of alcohol or any narcotic. It's not a secret prescription for its ingredients are printed on wrapper. Send 10c for trial package to Dr. V. M. Pierce, Surgical Institute, Buffalo, N. Y., or Bridgeburg, Ont.
Hamilton, Ont.—"When I reached the critical period I was a nervous wreck and suffered with hot flashes and dizzy spells." "Favorite Prescription" relieved me of all these ailments and brought me through this trying time safely. For women of middle age there is no tonic equal to Dr. Pierce's.
Favorite Prescription, and I never hesitated to recommend it to my friends."—Mrs. ANNIE BOULE, 41 Hess St. N.

Women, Prepare!
Stratford, Ont.—"I was greatly benefited by taking Dr. Pierce's Favorite Prescription. It was before twins came I had become all run-down, was nauseated, very nervous and weak, and suffered with backache. Was not able to do anything for three months, when I began taking 'Favorite Prescription.' It soon gave me relief and it was not long when I was strong and healthy. 'Favorite Prescription' was surely a great help to me and I am glad to recommend it."—Mrs. L. J. MARLEY, 61 Kent Lane.
W. N. U. 1219

SMOKE TUBES ORINOCO

CUT COARSE FOR PIPE USE

KEEP YOUR SHOES NEAT

2 IN 1

SHOE POLISHES

LIQUIDS
and PASTES

for BLACK WHITE TAN DARK BROWN
OR ON BLOOD SHOES

PRESERVE THE LEATHER

Greek Territory

Promised Bulgars

Germany Tries to Soften Allies Over Rumanian Treaty

A despatch to The Journal des Debats from Geneva says Germany has guaranteed to Bulgaria, not only Drama, Seres and Kavala, but all the territory gained by Greece in 1913 by the treaty of Bucharest, in order to satisfy the growing dissatisfaction in Bulgaria over the treaty concluded with Rumania.

Anger at Greece, the correspondent adds, is increasing. Greece is now called Bulgaria's principal enemy by the Bulgarian press.

A conference of the central powers will be held in Sofia in September under the chairmanship of King Ferdinand, at which the Ukraine, also will be represented, to discuss the economic development of the Balkans, the correspondent asserts.

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Extirminator to drive out the parasites.

Visible Supply of Wheat

Canada's Wheat Supply Now 34,650,000 Bushels

That there are 20,500,000 bushels of wheat and 14,150,000 bushels of corn in the Dominion, making a total visible supply of 34,650,000 bushels, is the estimate obtained through a census completed by the board of grain supervisors up to May 31 last. It is estimated that there are on the farms of the Dominion 1,000,000 bushels of wheat in the west five million bushels; in elevators and flour mills about 6,750,000; in transit on railways, 1,000,000 bushels; in the east in elevators 6,635,885 bushels; and in the east in transit about a million bushels, making in all at the date in question a total of 20,500,000 bushels in round numbers.

It is further estimated that there is ground in eastern Canada 6,750,000 bushels, and in Western Canada, 7,400,000. The Wheat Export company exported eleven million bushels between March 31 and April 30.

Combine The Grains

That's what is done in making Grape-Nuts food — barley and other grains are used with wheat. This adds to food value and flavor and the sum total requires less wheat. The malted barley in Grape-Nuts also helps digest other foods. For an economical, nourishing and delicious food, try

Grape-Nuts

W. N. U. 1219

Imperial Union Work of Moment

Establishment of Cabinet Is Indispensable Constitutional Development

The London Times in an editorial on the decision of the government to hold regular meetings of some of the more important ministers outside the war cabinet, for purposes of inter-departmental settlement, says it presents no exceptional novelty. "There is no change in the incidence, responsibility or relations of the government with parliament, except in the internal arrangement. The business of this home affairs committee is most important for what it suggests than for what it is. Its establishment may hasten the inevitable movement towards a true division of local and imperial business. The supreme fact of the moment in the evolution of the British commonwealth is that Borden, Hughes and their colleagues overseas, including those of India, are definitely engaged on equal terms, the British ministers exercising executive authority over the affairs concerning all."

"The Imperial war cabinet is already a living reality, firmly rooted after years of trial and accepted everywhere as an indispensable constitutional development. The lords, discussing cabinet changes, would do well to mark their sense of this profound achievement and help forward the settlement of the great consequences it involves."

"Much depends on the wishes of the Dominions' ministers, who best know the possibilities and the permanence of which such a partnership is capable under present conditions. A warm welcome awaits every proposal from the Dominions, tending to the closest union compatible with their well-established freedom of national growth."

"One point upon which no difference of opinion exists here is that the Dominions' delegates must remain in England this year as long as they can. We are glad to know that Premier Hughes of Australia contemplates an extended mission. It would be sheer waste of his wonderful energy to let him come so far for only a month. The same applies to Sir Robert Borden and others. Their special outlook, robust experience and special views about ultimate settlement are indispensable throughout the great crisis this summer."

Minard's Liniment Cures Garget in Cows

War Delicacies

"Nurasthenia," said Mrs. Biggums to her cook, "I think we will have some choice delicacies today out of that leftover pork and calve's liver." "Yes'm," said Nurasthenia, called Teeny for short. "An' we got a little bread dresin' that when we did the pork, mum. Shall I make some apple sauce out'n it, mum?"—Richmond Times-Dispatch.

MAKES CORNS LIFT WITHOUT ANY PAIN

Takes the sting right out—cleans 'em right off without pain. Thousands say it's the surest thing to rid the feet of callosities, sore foot fungus or corns. Don't suffer—that's foolish—buy a 25c bottle of Putnam's Painless Corn and Wart Extractor; it does the trick quickly and is invariably satisfactory. Sold by druggists everywhere.

Flying Policemen

All Air Vessels Will Have to Be Registered

Speaking in London recently, Rear-Admiral Mark Kerr, a member of the air council, said: "At the present time, if a commercial traveler leaves Paris to go to Timbuctoo, the journey occupies four months, but one of the first routes the French are going to establish after the war is to Timbuctoo, when the journey will then only take four days. As a commercial undertaking that will result in a great saving. Four months' food alone would be a considerable item."

"All air vessels will have to be registered, and no doubt a Lloyd's list will grow up. There will be a class A1 and so forth for vessels taking passengers and mails in the air. These would carry a flag, and those which did not would be pirates. The police could not put up their hands to stop people in the air, and the only way would be to knock them down."

"The formation of the air force," said Admiral Kerr, "is a distinct advance in aeronautics. It means the establishment of a general staff and the dealing with all problems connected with the air."

Production Is Essential

"Production is absolutely essential and the most demanding duty of the government is to see that it is carried on; but if we waited for further exemption and our men were decimated and destroyed, what kind of an answer would it be to say we had increased production?"—Sir Robert Borden.

EATS DIRT

MADE IN CANADA

GILLES'S EYE

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Proof Positive

Judge—The complaint against you is that you deserted your wife. Prisoner—I ain't a deserter, judge; I'm a refugee. Look at this black eye.—Boston Transcript.

THE DANGER OF THIN BLOOD

If Not Corrected in Its Early Stages Consumption May Follow

In no disease is delay or neglect more dangerous than anaemia, a poverty of the blood. It is very common in young girls and in persons who are overworked or confined within doors. It makes its approach in so stealthy a manner that it is often well developed before its presence is recognized.

But taken in time there is a specific, a tonic medicine which increases the number of red blood corpuscles thus enabling the blood to carry the life-giving oxygen to all the tissues of the body. Dr. Williams' Pink Pills have had unbounded success in the treatment of this stubborn disease because of this wonderful property. The correction of anaemic conditions by Dr. Williams' Pink Pills is as certain as anything in medical sciences. Miss Jessie McLellan, Trenton, N. J., says: "I was as weak as it was possible for any one to be, and yet I was able to go about. My blood seemed to have turned almost to water. I was pale, the least exertion would leave me breathless, and when I went up stairs I would have to stop and rest on the way. I often had severe headaches, and at times my heart would palpitate alarmingly. My doctor friend urged me to try Dr. Williams' Pink Pills and I have reason to be grateful that I took the advice. Soon after beginning the use of the Pink Pills are a blessing to weak girls, and I shall always warmly recommend them."

These pills are sold by all medicine dealers or will be sent by mail at 50c a box or six boxes for \$2.50, by The Dr. Williams' Medicine Co., Brockville, Ont.

Wireless in Forest

Two wireless receiving and sending stations have been discovered in the fir forests bounding Puget Sound near Tacoma by government agents after a search of two days. Trees stripped of their limbs were used as aerials and the locations were well hidden by the surrounding forest. The apparatus had been removed from one, but the complete outfit had been left behind at the other station in the hurried flight of the operators. A cabin-stove still warm and recent tracks in the mud were found by the searchers. No arrests were made.

Minard's Liniment Cures Distemper.

Fine Railway Facilities

The Guelphburg line of the Canadian Northern will be extended this year to Swift Current. The extension of this line from Hannu to Medicine Hat, Alta., is also announced. A large and fertile tract will be opened out and hundreds of farmers now hauling wheat 40 and 50 miles to the railway will be given a convenient market. It is estimated at least 20 grain elevators will be erected this year between Guelphburg and Swift Current on the new line, a distance of about 70 miles.

The Poe of Indigestion.—Indigestion is a common ailment and few are free from it. It is a most distressing complaint and often the suffering attendant it is a severe. The very best remedy is Parrelle's Vegetable Pills taken according to directions. They rectify the irregular action of the stomach and the healthy action. For many years they have been a standard remedy for dyspepsia and indigestion and are highly esteemed for their qualities.

New Pig Iron Plant in B.C.

Pig iron is now being cast from an electrically operated furnace in British Columbia. The first runs were made a few days ago at Port Moody from the new plant installed by the Aetna Iron and Steel Company, and there is a decided success, according to statements received, more than twelve tons of grey pig iron being manufactured.

Already contracts for 2,000 tons of pig iron have been obtained, a portion of this on orders for Japan.

Value of Wool Clip

A Fifty Per Cent. Increase in the Wool Output

Now that shearing is well under way, it is possible to arrive at a fairly reliable estimate as to the quantity and value of the wool clip of Western Canada this year as compared with last year. Reports from the different centres indicate that there will be an increase of approximately fifty per cent. in the quantity of wool marketed from the three prairie provinces. The members of the Southern Alberta Wool Growers' Association have 225,000 sheep as against 158,000 sheared a year ago. From these it is expected to obtain about 1,600,000 pounds of wool. The Pincher Creek Association will have about 85,000 pounds, a substantial increase over last year's clip, and the other associations will also have increases of twenty-five per cent. over last year.

In Saskatchewan and Manitoba, where the larger part of the wool is graded and sold, for the farmer by branches of the department of agriculture, there will also be a larger quantity available. In the former province, the growth of the industry is evidenced by the fact that nearly double as much wool as last year will be sold this year. In Manitoba the increase, though not so great as that of Saskatchewan, will be a substantial one, and the total clip will amount to more than twenty-five per cent. greater than last year.

Indian soldiers in France last year had 14,278 bottles of hair oil from the Indian Soldiers' fund.

The Oil for the Athlete.—In rubbing down, the athlete can find nothing finer than Dr. Thomas' Electric Oil. It renders the muscles and sinews pliable, takes the soreness out of them and strengthens them for strains that may be put upon them. It stands pre-eminent for this purpose, and athletes who for years have been using it can testify to its value as a lubricant.

School Boys on the Land

Excellent Service

Last year the schoolboys of Great Britain did excellent service on the land, especially in connection with the harvest, and this year it is hoped that they will even more largely contribute to the labor resources of the farmer. Urgent appeals are being made to the farmer to grow more potatoes, and the ministry of food has stated that they will give more largely contribute to the labor resources of the farmer. In this connection the Scotch education department realize the enormous help they could give, without much dislocation of school arrangements, by letting free a certain number of children in the public and other schools in Scotland at the time when they were most wanted for harvest.

Only a third of South America's population is of pure white blood.

NERVOUS PROSTRATION

May be Overcome by Lydia E. Pinkham's Vegetable Compound—This Letter Proves It.

West Philadelphia, Pa.—"During the thirty years I have been married, I have been in bad health and had several attacks of nervous prostration until it seemed as if the organs in my whole body were worn out. I was finally persuaded to try Lydia E. Pinkham's Vegetable Compound and it made a well woman of me. I can now do all my housework and advise all ailing women to try Lydia E. Pinkham's Vegetable Compound and I will guarantee they will derive great benefit from it."—Mrs. FRANK FITZGERALD, 25 N. 41st Street, West Philadelphia, Pa.

There are thousands of women everywhere in Mrs. Fitzgerald's condition, suffering from nervousness, backache, headaches, and other symptoms of a functional derangement. It was a grateful spirit for health restored which led her to write this letter so that other women may benefit from her experience and find health as she has done.

For suggestions in regard to your condition write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 30 years experience is at your service.

Typewrite the Signature

In these days of typewritten letters and equally typewritten official documents, the writing by hand is becoming a lost art.

Average of time for reading letters is two minutes for the body of the letter and anywhere from fifteen minutes to two hours trying to figure out who made the hieroglyphics that stand for a signature.—Toronto Telegram.

Lachute, Que., 25th, Sept., 1908.

Minard's Liniment Co., Limited. Gentlemen,—Ever since coming home from the Boer war I have been hoarse with coughing, sore on my throat, used many salves and liniments; also a stored continuously for the blood, but got no permanent relief, till last winter when I got me to try MINARD'S LINIMENT. The effect of which was almost magical. Two bottles completely cured me and I have worked every working day since.

Yours gratefully,

JOHN WALSH.

Boys' Prejudice

"Why did you name your boy 'Reginald Clarence'?"

"Because I wanted him to be a fighter. I figured that in our neighborhood a boy named 'Reginald Clarence' has got to fight."—Chicago Tribune.

BEECHAM'S PILLS

When your head aches, it is usually caused by your liver or stomach getting out of order. These "sick headaches" quickly disappear as soon as the stomach is relieved of its bilious contents. Right your stomach and regulate and tone the liver with Beecham's Pills, which rapidly improve conditions and promptly

Help Headache

Directions of Special Value to Women are with Every Box. Prepared only by Thomas Beecham, St. Helena, Lancashire, England. Sold everywhere in Canada and U.S. America. In boxes, 25 cents.

No Shortage in Canada

NESTLE'S FOOD

75c By Mail

If not procurable from your dealer, write

THE LEEING MILES CO., LIMITED

"PLENTY FOR ALL!"

4 St. Lawrence
Montreal, Que.

BUSY BIDEFORD

The Sunday School, with the parents and friends of the children, spent a delightful time on Friday, at Conates Lake, at the annual picnic. Six cars of happy youngsters left town and made a quick trip, no time being lost in getting into the water, which looked so irresistibly inviting that grown-ups who had not been in for years ventured the plunge and seemed to take to the water like ducks. Other schools represented were Compeer and Claremont. The races caused much fun, and there was a unique race for the young men and maidens who desired to enter the holy bonds of matrimony before the end of the year, and it was won by Miss Annie McLeod of Bideford. If all our wishes come true for this popular young lady we shall be hearing wedding bells sometime in the near future.

Mr. and Mrs. John Botheras were at home to their friends, in the Schoolhouse, on Friday evening. The bride and groom looked well after their honeymoon at Banff. Supper was served at the Alberta Hotel and the party returned to dance till the "wee sma' hours beyond the twal." We hope to hear Mrs. Botheras again on the concert platform in town as there is a vacancy in the list of local artists which none but Alice can fill.

There is a letter box outside the post-office for the convenience of the late people, and we would like to say "thank you" to Mr. Robinson for fixing this up.

The Woman's Century, the official organ of the National Council of Women of Canada, contains in its Alberta page, edited by Mrs. Nellie McClung, a paragraph about progressive Bideford. We are certainly not as progressive as Mrs. McClung believes us to be, but perhaps one day we may attain the prosperity she speaks about.

Heavy rains fell in this district causing the farmers and gardeners to feel the poignancy of that most sorrowful phrase in our language, "Too late." Had the weather clerk been a bit kinder, earlier, we might have had a little something for our work but the rain mocked us, and then the frost put on the finishing touches. "Not a bus of wheat" said a man whose fields were promising a small yield, "the frost has finished the whole thing and I have lost all." This man did not groan about it, but bore it with philosophical calm. "What can't be cured must be endured" was his motto and he endures with a smile.

There will be a Red Cross Ice Cream Social, in Bideford, on Saturday, Aug. 10th. Tea, coffee and cake will also be served. Everybody invited.

J. HANSON

Contractor and Builder.

Plans and Specifications
Furnished.

All Work Guaranteed.

MONITOR ALTA.

FOR SALE or TRADE

For sale, or will trade for cattle, a Garage with large Hall above, in the town of Kirriemuir. For particulars apply to P. J. Schumacher, Provost.

FOR SALE A Snap

The F. P. Turner house and lots in the town of Kirriemuir, or will trade for cattle. Apply to P. J. Schumacher Provost, Alta.

FOR SALE

Second hand McCormick Mower for sale, nearly new. \$60 takes it, in two fall payments. W. H. Olson Monitor Hardware Store

ESTRAY

On the premises of C. W. Beesley, 1-35-5, one red Cow, no horns, white face, branded RV or BV with half-diamond above, on left hip. Has calf at foot.

FOR SALE

A fine saddle and driving Mare, with Colt, cheap for immediate sale. Apply to A. Christensen, Monitor.

Creek Valley School

At 9 p.m. a dance will be held in the above School, on the night of Friday Aug. 2nd, to which a cordial invitation is given to the neighborhood generally. Clarence Purdy will be musical director, E. B. Purdy Esq. will give his Celebrated Song (by request) and others will cause trouble if required. No charge will be made but a collection will be taken to help provide prizes for the Children's Sports Day.

The Tea and Sports Day will be held on Friday Aug. 9th on the school grounds, at 2 p.m. The scholars, parents and officials of the Monitor and Hill-nvale School are invited as the guests of the Creek Valleyites. Baseball at 2:30 between the C. V. and Monitor scholars, with C. Purdy as adjutor. Foot races and other sports, Tea, coffee and lemonade provided by the Trustees. Ladies are asked to bring cakes or sandwiches.

Transient Ads.

FOR SALE

An Ayrshire cow and calf for sale. Apply to Blair & Beebe

OATS FOR SALE

A quantity of feed oats for sale. Apply to Alberta Pacific Grain Co. M. A. Vanhorn, Agent. 44

ESTRAY

On the premises of H. Grayburn, N. W. 14-35-4, one red mouley Cow, blind in one eye, branded CC on the right hip and T on left rib.

LOST

1 Black Mare, 3 years old, white star on forehead, branded on shoulder. Reward for recovery Arthur Perks Kirriemuir

ESTRAY

On the premises of E. A. Pryor, 27-35-4, 1 bay stallion, 3 years old, branded on left hip, star on forehead, white stripe on nose. 1 buckskin mare, 4 years old, white face, branded on right shoulder.



Why
not give your boy and girl an opportunity to make their home study easy and efficient? Give them the same chances to win promotion and success as the lad having the advantage of

WEBSTER'S NEW INTERNATIONAL

Dictionary in his home. This new creation answers with final authority all kinds of puzzling questions in history, geography, biography, spelling, pronunciation, sports, arts, and sciences.

400,000 Vocabulary Terms. 2700 Pages. Over 6000 Illustrations. Colored Plates. The only dictionary with the divided page. The type matter is equivalent to that of a 16-volume encyclopedia.

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The Monitor News Job Dept.

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WE CAN DO IT

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Artistic Job Printing our Specialty.

Backup the Troops by substituting

FISH for MEAT
VEGETABLES for BREAD
FRUIT for PASTRY
DRIPPING for BUTTER

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"Monitor News" is YOUR paper, my friend,
Open and free are its columns; Please send
News of your district and news of your town,
Items of interest - we'll write 'em all down.
Tell us your views of the world and his wife,
Of farming and fighting in overseas strife,
Remember to tell us the truth, on your life!

Now, lest we forget, just a word about "Ads"
Every man who's in business, what ever his fads,
Will find an advertisement placed in the "News"
Secures better business. There's no time to lose!

DO IT NOW

The Wessax Tractford

A Proven Tractor That Has Made Good

Get the full service out of
your Ford Car

The Wessax Tractford is guaranteed to do the work when attached to a Ford motor in good condition, of four horses, in reasonable soil conditions.

Price \$232.00 F. O. B. Monitor

Oscar Johnson Agent

COLDS, CATARRH RELIEVED IN FIVE MINUTES



Consumption can be traced back in most instances to a bad cold or catarrh that was neglected. Don't count this white plague—cure yourself at once against it by inhaling Catarrhione, a pleasant antiseptic medication that is inhaled into the lungs, nasal passages, throat, and bronchial tubes, where it kills disease germs and prevents their development. Catarrhione heals, inflamed surfaces, relieves congestion, clears the head and throat, aids expectoration, and absolutely cures Catarrh and Bronchitis. Quick relief, guaranteed satisfaction, pleasant to use. Get the \$1.00 outfit of Catarrhione, it lasts two months, small size \$0.50. All dealers or the Catarrhione Co., Kingston, Ont., Canada.

Carmen's Messenger

—BY—
HAROLD BINDLOSS
WARD, LOCK & CO., LIMITED
London, Melbourne, and Toronto

(Continued.)

"What is Miss Austin like?" she asked.
Foster was careful about his reply. He wanted Alice to understand that he was not Carmen's lover, which needed tact; but he was her friend and must do her justice, while any breach of good taste would be noted and condemned by his companion. He did his best, without learning if he had produced the right effect or not for Alice let the matter drop, as if it no longer interested her.

"Perhaps it's a pity you helped the men who were poaching," she said. "I'm afraid you're fond of romantic adventures."

"I'm sometimes rash and sorry afterwards," Foster admitted. "However, there is an excuse for the other thing. This is a romantic country, and I've spent a long time in Canada, which is a romantic business."

Alice gave him an approving smile, but she said, "One shouldn't be sorry afterwards. Isn't that rather weak?"

"I'm human," Foster rejoined. "A thing looks different when you come to pay for doing it. It's pretty hard not to feel sorry afterwards."

"After all, that may be better than counting the cost beforehand and leaving the thing undone."

"You're a Borderer; one of the headstrong, old-fashioned kind that brook the invasions and afterwards defend their own rulers for a while."

"As a matter of fact, a number of them were very businesslike. They fought for their enemies' cattle and the ransom of captured knights."

"Not always," Foster objected. "At Flodden, where the Estricks' spears fell in the smashed squares, the king came down from his strong camp to meet the English on equal terms. Then it was business-like when Buccleugh, with his handful of men, carried off Kilmont Willie from Carlisle. There was peace and he had two offended sovereigns to hold him accountable."

"It looks as if you had been reading something about our history," Alice said smiling.

"I haven't read much," Foster answered modestly. "Still, we have a few books at the mill, and in the long winter evenings, when the thermometer marks forty degrees below and you sit close to the red-hot stove, there's nothing to do but read. It would be hard to find a picture of little rooms, the match-boarded, split by the changes from heat to bitter cold, the smell of hot iron, the dead silence, and the grim white desolation outside. Perhaps it's curious, but after working hard all day, earnings dollars, one can't read rubbish. One wants romance, but romance that's real and has the truth in it."

"But your own life has been full of adventure."

"In a way, but there was always a business proposition to justify the risk," Foster rejoined. "It's good to be reckless now and then, and I've felt as I read about your ancestors that I envied them. There must have been some claim in riding about the moors with one's lady's glove on one's steel cap, ready to follow where adventure called."

"So far as we know," said Alice, "it was the custom to honor one lady, always. The Border chiefs were rude, but they had their virtues, and there are some pretty stories of their constancy."

Foster imagined he saw a faint sparkle in her eyes. He would have liked to think she resented his having gone to Newcastle on Carmen's behalf, but doubted this. After a pause she resumed:

"People say we are decadent and getting slack with luxury, but one likes to think the spirit of the race survives all changed conditions and can't be destroyed. There is a colliery not very far off where the water broke in some years ago. The men in the deep workings were cut off, but the few who escaped went back into the pit—and never came up. They knew the thing was impossible, their leaders frankly told them so, but they would not be deterred. Well, the mine was not opened, the shaft-head towers are falling down, but there's a granite fountain on the moor that will stand for ages to record the splendid sacrifice."

"They had all to lose," said Foster. "One must admire without hoping to emulate, a deed like that."

Alice changed the subject rather abruptly. "What you have told me is puzzling. I can't see why the police followed you, and there's something mysterious about the packet. It all seems to have some connection with Lawrence's affairs, and yet I can't see how. I suppose you have no explanation?"

"Not yet. I feel there's something going on in which I may be and by take a part. The clues break off, but I may find one that's stronger, or then—"

"He stopped, but Alice gave him an understanding glance. Then you would follow the clue, even if it led you into some danger, for Lawrence's sake?"

"I'd take," said Foster with a flush that gave him a curiously ingenious look. "As I've no particular talent for that kind of thing, I might do much good, but you have accused me of being romantic and I've owned that I'm rash."

Alice smiled. "You're certainly modest; but there's a rashness that is much the same as generosity."

Then Featherstone came in and after a time took Foster to the library, where he gave him a cigarette.

"It's strange we haven't heard from Lawrence yet," he said in a disturbed tone. "He hasn't given the Canadian post office his new address, because here's a letter they have sent on."

"Hulton, who seems to be in Toronto," said Foster, picking up the envelope. "As I'm a partner I'll open it."

He did so and gave Featherstone the letter, which inquired if they could supply some lumber the company needed.

"I'm sorry we can't do the work, because we won't be back in time. It would have been an interesting job to cut the stuff in the way Hulton suggested."

"He seems to leave a good deal to your judgment and to have no doubt about your sending him the right material," said Featherstone.

"I suppose that is so," Foster agreed. "Hulton soon got into the way of sending for Lawrence when he wanted any lumber, and he had to be carefully seen. In fact, he treats him as a kind of consulting specialist, and I imagine likes him personally."

He was silent for the next minute or two. Featherstone's remark had shown him more clearly than he had hitherto realized how high Lawrence stood in the manufacturer's esteem. No other outsider was treated with such confidence by the powerful company. Then he told Featherstone about his journey, and the latter said:

"I have heard nothing from Daryl, but soon after you left, a gentleman from Edinburgh came here to inquire about you."

"Ah!" said Foster rather sharply. "I suppose he was sent by the police and imagine I met him at my hotel. His name was Gordon; I thought it curious that he gave me his card."

"That was the name," he asked if I knew you and I said I did."

(To Be Continued.)

Population of Alberta
According to an estimate of the registrar of vital statistics of Alberta, the population of that province is about 500,000, which is a gain of 3,300 over the last official census. Last year the number of births were 15,000, a gain of 245 over the preceding year. The death rate for the year was 8.09 per thousand—a percentage which proves that Alberta is a healthy country to live in.

The Important Part
A Boston scientist claims that man descended from a large lizard, which has become extinct. We don't care so much what man came from, but we wish some of the scientists could give us definite information as to where he is going—Norfolk Virginia Pilot.

SMOKE TICKETS

What Women Want to Know

Some Queries and Answers Regarding Conservation of Food

Lillian. No doubt it does become tiresome, when you hear of those nurses winning the Royal Red Cross and earning all the glory of overseas service, to reflect on what you call your "humble drudgery." But as a matter of fact, if every woman now on the farm will do this year just what she has been doing, to a large extent and in a better way, she will be rendering her greatest service.

To cook food and wash dishes for farm workers this year is nothing if not helpful. Young women now on farms can easily expand their activities. The girl who will learn how to hitch up and drive a horse can not only save her father or other man worker from leaving field work to drive to town, but she can also ride the hay rake or horse drawn cultivator in an emergency.

A large proportion of our butter is already made on our farms. This butter production can be improved in quality and quantity by farm women who are willing to give it careful attention. No food need by this year is more vital than that of fats and the woman on the farm has it in her power to make a tremendous saving in the existing meagre supply. She can help materially by making more cheese too. So that there really is a very great deal you can do, right where you are, Lillian. Indeed, city girls are getting so envious of the girls on the farms that they are taking "fancied" classes and making tracks for the hayfield and the berry patch.

Bread-Maker. You can get just the information you want on bread making and the use of substitutes by writing to the Canada food board for the new bread-making booklet (five cents) which they have issued. If you are a subscriber to the Canadian food board, there is a series of four and each is five cents.

Royal Blue. Yes, go ahead and make all the jam you want but use less sugar than you have been doing ever since you learned how to make preserves of any kind. The point is that if large quantities of jam be made this year the demand upon Canada from overseas for butter can be met to a much greater extent than would otherwise be possible.

When jam is used butter is not needed with bread.

As the strawberry is one of the first fruits of the season to ripen here is an excellent recipe for strawberry jam.

8 lbs. strawberries; 6 lbs. sugar. Mix the strawberries and sugar in a kettle and let them stand over night. In the morning set the kettle over the fire on an asbestos mat, and bring the contents slowly to a boil. Do not stir the jam any more. It is absolutely necessary. Boil gently without stirring until it is sufficiently

thick and then put it away in sterile jars.

New Ontario. You are fortunate to be in the vicinity of such a fine supply of wild berries and it would be a good thing if you were to enlist the aid of the kiddies and have a great many berry picking expeditions this summer. Surely you cannot preserve any fruits with a finer flavor than the wild blueberries and it would seem a pity, at a time when the food shortage is so great, that you should neglect to utilize this supply right at your door. Use all you can of them and try to stir up some interest in your neighborhood in this business of wild berry picking.

Here is what you want for the making of old-fashioned blackberry jam: For each pound in truckberries, use three-fourths of a pound of brown sugar. Pick over berries and wash them slightly. Add sugar and cook slowly until thick. Seal in jelly glasses. Did you know that brown sugar was very bit as good as white in preserves?

Table A. Here is a table of substitutes for home baking which should prove useful to you:

Quick bread, buns, muffins, pancakes, etc., corn flour, 50 per cent; barley flour, 50 per cent; rye flour, 50 per cent; cornmeal, 25 per cent. Yeast bread, corn flour, 25 per cent; barley flour, 25 per cent; rye flour, 25 per cent; cornmeal, 25 per cent. Scald meals before mixing. Pastry, corn flour, 25 per cent; make dough, 25 per cent; rye flour, 50 per cent. Use less shortening. Cookies, corn flour, 75 per cent; barley flour, 50 per cent; rye flour, 50 per cent; cornmeal, 25 per cent.

Bolsheviki Justice
The Result of Brute Force on the Ignorant Populace

A member of the American military control in Petrograd told me of the following incident as one he had witnessed. A woman dashed into the street after a boy of fifteen. "He's stolen my pocketbook; he's stolen my pocketbook!" she cried. A miserable, shrieking urchin sped madly down the road in front of her. She was caught by a passerby, and a crowd gathered. Blow upon blow fell upon the defenceless head. Childish shrieks of terror filled the air. The woman appealed at what she had done, rushed back to the house. Again she made a desperate search, and suddenly, in a dark corner she unearthed the missing pocket book. Again she dashed into the street, waving her property and calling loudly her mistake. But it was too late; the childish cries were still; a beaten and lifeless body had been hurled into the canal. Sick shame seized the mob. Then the woman came, telling her story. Rage surged in their hearts. Under the car they had been mercilessly beaten and abused. Brute force had been their instructor. They turned on the woman and applied the only method they knew. They beat her to death and dropped her into the canal—Madeleine Z. Doty, in The July Atlantic.

"Your lunch will be fresh, and tasty at dinner hour to-morrow. It is wrapped in Para-Sani."

PARA-SANI WRAPPER

Heavy, waxed paper in Household Rolls, with handsome oak Roller-Box. Para-Sani is cheaper and more convenient than waxed paper in loose sheets and the paper is of better quality.

Keeps in the Moisture, keeps out the Germs
Para-Sani is moisture-proof, air-proof, germ-proof. Sandwiches, cakes, bread, cheese can be kept fresh and wholesome if wrapped in Para-Sani. Para-Sani will save many times its cost by preventing waste.

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175 McDermot Ave. E. WINNIPEG, MAN.



Better Land for Less Money

Many American Farmers Taking Up Land in Western Canada

"The pressure of population, favorable conditions, and the application of industry, energy and enterprise to those conditions," says the Edmonton Bulletin in an editorial, "have resulted in an enormous increase in the price of farm and in what are called the corn-belt States."

As the pressure of population increases, and the price of land rises, it necessarily follows that a proportion of farmers will seek locations elsewhere. This movement has taken very definite shape during the present year, and, as a result, large numbers of farmers who have accumulated big money, either by farming or by the sale of their farms, have come into the wheat-growing areas of the Canadian prairie west to purchase the cheaper lands there available. In this way, those portions of the Canadian west have some share in the increased price of land in the United States.

There has been a double profit—first, in the amount of cash brought into Canada, and paid for land, and second, in the fact that men of experience and industry—experts in farming—are the present year, added to the population and energy of those sections of our country.

"So far, this movement has not been strongly felt in Northern Alberta. The man from Illinois or Iowa who is looking for a location in the Canadian west has to run the gauntlet of all the inducements that can be held out to him in the vast and desirable territory through which he must pass before he reaches Northern Alberta. We are farthest of any part of the Canadian west from the area of dense rural population and high land prices in the United States corn belt. At the same time, it is in Northern Alberta that the farming conditions which have produced the wealth and prosperity of the corn belt can best be repeated. Dairying and cattle feeding made Illinois and Iowa rich, and dairying and cattle feeding are being carried on in Northern Alberta under circumstances quite as favorable for money-making as in Illinois and Iowa. As corn is the great feed crop on which the success of dairying and stock raising in the United States is built, so oats are the foundation of dairying and stock raising in Northern Alberta. The crop of Northern Alberta is more certain than the corn crop of Illinois and Iowa; and produces as much feed to the acre, but with much less labor, than does corn."

Jews Train in N. S.
Another company of the Jewish Palestine legion, of 150 men, has left New York for Nova Scotia to complete training before joining the other four contingents now fighting with the British in Palestine. The legionaries will be joined by more recruits from Baltimore and Philadelphia.

New Zealand has 4,391 registered apiaries, representing more than 50,000 colonies of bees.

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General Local News of The Town and District

Readers Can Make This Column
More Interesting By Informing
The Editor of Events Occur-
ing Hereabouts

Monitor Red Cross Society
meets every Friday afternoon,
at 2 p. m., in the Big Hall.

J. R. Wilson entertained a
number of friends, at his home,
last Wednesday evening when
a very pleasant time was spent.

M. A. and Mrs. Vanhorn are
spending a short vacation in
Calgary and Lethbridge.

Pte Douglas Duncan was
home on a few days furlough.

Ritchie Wilson was a fre-
quent visitor to Coronation, re-
cently, but he is staying nearer
to home now.

Miss Blackley returned from
Coronation, on Monday, where
she underwent an operation for
appendicitis.

A meeting of the Monitor
Brass Band was held recently,
in the Band Hall, and the fol-
lowing officers elected:
Hon. Pres. W. H. Olson
Hon. Vice Pres. Geo. Luens
Pres. E. W. Davis
Vice Pres. F. Hanson
Sec-Treas. F. M. Tarr
Instructor B. L. Young
Librarian S. Sewell

Miss J. E. Beaton returned
from her vacation, on Monday.

Jim Hayes returned to town,
on Monday, after a few days
spent in Calgary and Lacombe.

Geo. Smith also wandered in-
to town, on Monday, just back
from his buying expedition up
in the northern wilds.

Mr. Mathew Wall, of Sylvan
Lake, and Mrs. Helen Johnson,
Monitor, were united in mar-
riage, at Johnson's Ranch, on
Sunday July 28th by the Rev.
E. S. Bishop, Red Deer.

Anyone knowing the where-
abouts of Miss G. D. Halliday
please notify Mrs. Jacoba John-
son, Monitor.

On Sunday last a crowded
congregation was present in the
Anglican Church on the occa-
sion of a Confirmation Service.
The Rev. W. S. Wickenden pre-
sented eight candidates for the
Apostolic rite of the laying on
of hands. The Bishop preach-
ed a solemn and heartsearch-
ing sermon on the text "Fear
God, honor the King."

The Rev. W. Wickenden will
hold a Baptism Service (D. V.)
in the Stonelaw School on Sun-
day Aug. 4th at 3 p. m., (instead
of 7.30 as usual.) Divine Ser-
vice in the Anglican Church in
Monitor at 11 a. m.

Birth—To H. P. and Mrs.
Botting, on Tuesday July 30th,
a daughter.

There will be a Lutheran
Church Service on Thursday
afternoon, Aug. 8th, at 4 o'clock
in the Anglican Church.

Fanning Mills Avery and Cushman Threshing Outfits

Monitor Cash Hardware

W. H. Olson, Prop.

All kinds of Table Dishes: Blacksmith Coal : Tar & Building Paper
Nelson Rotary Sewing Machines, on easy terms
Wall Paper : Linoleum : Rope : Oils : Gasoline : Buggies

Everything at lowest possible prices
Walk a Block and Save Money

Agent for Government Telephones
Full line of Chinaware and Crockery

FI-RE-CO RANGES - BARB WIRE

Come in and see my stock of Springs & Mattresses

Your Stationery

is your silent representative
If you sell fine goods that
are up-to-date in style and
of superior quality it ought
to be reflected in your print-
ing. We produce the kind
that you will not be ashamed
to have represent you.
That is the only kind it pays
to send out. Send your
orders to this office.

*Eat less
Bread*



Here are the Self Starters
— innocent looking typewriter
keys — that force an automatic
speed gain of 15% to 25% on or-
dinary correspondence.
A built-in part of the new

SELF STARTING REMINGTON TYPEWRITER

Grand Prize—Panama-Pacific Exposition

You must see this time saving
invention for yourself. Let us dem-
onstrate it in your office—on your own
work, or send for literature today.
Write, or 'phone

REMINGTON TYPEWRITER COMPANY
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110-6th, Ave., W., Odd Fellows' Bldg., Calgary, Alta.

CLEARANCE SALE

On account of being overstocked in some lines and not wanting
to carry them over we have decided to sell them below cost.

Come early while stock is Complete

Below you will see a few of our many Specials

Men's Blue Serge Suits worth \$27.50 for \$20.00

Men's Fancy All-wool Suits \$35 for \$25

Men's Tweed Suits worth \$25 for \$18.00

Boys' all-wool Suits, all the latest styles, \$5 to \$20

Men's and Ladies' Rain Coats at half
their regular value.

Ladies' Middies regular 1.85 at 1.50

" Waists " 1.85 at 1.50

" Silk-Waists at greatly reduced
prices.

Have a large assortment of Dishes which we will sell below today's wholesale price

White Cups & Saucers worth 25 at 15c

Clover Leaf " " 28 at 17½

White Dinner Plates worth 20 at 15c

Clover Leaf " " 23 at 17½

Our Grocery Stock is complete and our
prices below mail order houses

Don't forget our Fruit Department. We have our own orchard
in B. C. and can save you money.

WALTER'S Ltd.

[Canada Food Board Licence No. 8-22427]

Men's 4.75 Work Boots going at 3.75

" 5.50 " 4.50

" 6.00 " 5.00

Ladies Gun Metal Shoes, cloth top, both
Lace and Button Styles
regular 5.75 going at 4.75

All Jams 10 cents below Eaton's price

Prunes " " "

Macaroni 3 packages for 35 c

Try our Orange Pekoe Tea at 60c

Choice Siam Rice 10c per pound

Choice Santos Coffee 3 lbs for \$1.00